



**100 women in  
hedge funds®**

**By Invite Only: Yoga In Heels and Summer Networking -  
Increase Your Power, Presence & Peace of Mind from Boardroom to Rest Place and Beyond**

July 21, 2016 at 3:30 PM  
San Francisco, CA

Would you like to create a workplace that is as inspiring as it is productive, as creative as it is functional, and as peaceful as it is profitable? In order to get the most of their teams, successful companies recognize the need to ensure that each individual is operating at their highest level. Learn to increase your presence, power and peace of mind in the boardroom and at home with an interactive presentation by professional yogi Jennifer Keller.

Over a cup of Matcha green tea, learn the ten core principles of yoga and their value as a roadmap to greater strength, flexibility and peace of mind, explore how these principles apply to modern life, where you may be misaligned and what you can do to quickly and easily make a change, and discover "chair yoga"- a practice you can do barefoot or in heels. Jennifer will share her top ten life hacks for feeling more calm and focused, ready to serve yourself, your team and your clients.

Please note that this is a suit-able workshop; come as you are and you will be able to fully participate regardless of your attire. Space is very limited, please RSVP as soon as possible.

**Event Details**

**Date:** July 21, 2016

**Time:** 3:30 - 4:00 PM Networking

4:00 - 5:30 PM Workshop

Networking prior to session.

**Hosts:** PricewaterhouseCoopers LLP and Breakaway Matcha

**Location:** 3 Embarcadero Center, 20th Floor, **San Francisco**, CA 94111

**RSVP:** [RSVP Now](#)

If you have any questions about this event, please contact the [California Leverage](#) committee.

**If you would like to make a special donation to 100WHF to support our ongoing senior practitioner events, please [click here](#), or to become a 100WHF Global Angel, please [click here](#).**

**This event is NOT FOR ATTRIBUTION. All 100WHF events are private events and we require that no one reports publicly on any aspect of them.**

**Admission is free, but there is a \$25 charge if you register and do not attend, even if you cancel in advance. No-show proceeds will be donated to the beneficiary of 100WHF's most recent US philanthropic initiatives.**

If you have no-show fees in arrears, the system cannot register you for an event. You can view and pay for any outstanding no-show fees online from your [Member Profile](#)

Space is limited. No walk-ins will be permitted.

## Biography

### **Jennifer Keller**, Professional Coach and Trainer

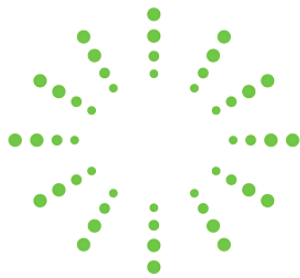
Jennifer Keller is a keynote speaker, facilitator and mentor, who has devoted her life to embracing, embodying and employing the core principles of yoga throughout all aspects of modern living. A former cheerleader, elementary school teacher, yoga and dance instructor, Jennifer has travelled the world to explore 'living yoga' across continents in different countries, cultures and contexts. Her journey of study and leadership has taken her from psychiatric treatment centers in Tampa to hospitals and homeless shelters in Atlanta, from the salons of Paris, to temples and ashrams of Delhi, from the plains of the Serengeti, to lofts of Manhattan, and private clubs and classrooms of San Francisco.

A minimalist, functional juiceaholic & professional organizer, Jennifer uses yogic principles to create highly customized programs that provide an elegant, intelligent and practical roadmap for her clients to experience greater joy, vitality and success. You can find Jennifer online at [iamjenniferkeller.com](http://iamjenniferkeller.com).



### **About PricewaterhouseCoopers LLP**

At PwC, our purpose is to build trust in society and solve important problems. We're a network of firms in 157 countries with more than 208,000 people who are committed to delivering quality in assurance, advisory and tax services. Find out more and tell us what matters to you by visiting us at [www.pwc.com](http://www.pwc.com).



BREAKAWAY  
MATCHA

### **About Breakaway Matcha**

Breakaway Matcha ([www.breakawaymatcha.com](http://www.breakawaymatcha.com)) sources and sells the world's highest-quality matcha and matcha ceramics. We help health-forward people develop focused, vibrant, and ultrahealthy lifestyles through matcha education, lively storytelling, and members-only sales events.

### **About 100 Women in Hedge Funds** ([www.100womeninhedgefunds.org](http://www.100womeninhedgefunds.org))

100 Women in Hedge Funds is a global, practitioner-driven non-profit organization serving over 13,000 alternative investment management investors and professionals in 20 locations through educational, professional leverage and philanthropic initiatives. Formed in 2001, 100 Women in Hedge Funds has hosted over 500 industry education events globally, connected more than 350 senior women through Peer Advisory Groups and raised over \$38 million for philanthropic causes in the areas of women's and family health, education and mentoring.