



BY INVITE ONLY: From Conflict to a Connected, Collaborative, and Co-Creative Experience - A Primer for Women Leaders & Professionals

July 30, 2015 at 4 PM
San Francisco, CA

Research shows that an aversion to conflict is one of the common roadblocks in the workplace that holds women leaders back from moving to the next level. Whether in our professional or personal lives, we can get entangled in unnecessary conflict drama. We waste our precious energy battling people we imagine as foes, defending ourselves from apparent enemies, and rescuing others from perceived tyrants. These are dynamics that we have learned to play out; yet when we become conscious of them, we have the ability to choose new roles that allow us to be more genuinely powerful and productive.

At this workshop including role-play, participants will:

- Learn about the three key roles we unconsciously play that create unnecessary drama, and identify how these roles have impacted power dynamics throughout our lives
- Experiment with each of the three roles in conflict dramas, to get an inner sense of the roles, needs, and unexpressed power
- Discover an approach to conflict that empowers everyone into collaborative "power with," rather than "power over"
- Define strategies for transforming dynamics in your own environment.

Time:

3:30-4:00pm Networking

4:00-5:30pm Workshop

Event Details

Date: July 30, 2015

Time: 3:30 PM Registration.

We will begin *promptly* at 4 PM; please arrive early. Since it is disruptive to everyone when latecomers enter the session, those arriving after an education session has begun will only be admitted at the discretion of 100WHF and the host. Please note the start time on this invite and plan to arrive early.

Networking and cocktails prior to session.

Host: Winston & Strawn LLP

Location: 101 California Street, **San Francisco**, CA 94111

RSVP: [RSVP Now](#)

If you have any questions about this event, please contact the [California, North](#) committee.

If you would like to make a special donation to 100WHF to support our ongoing senior practitioner events, please [click here](#), or to become a 100WHF Global Angel, please [click here](#).

This event is NOT FOR ATTRIBUTION. All 100WHF events are private events and we require that no one reports publicly on any aspect of them.

Admission is free, but there is a \$25 charge if you register and do not attend, even if you cancel in advance. No-show proceeds will be donated to 100WHF Foundation - Celebrating Education/Investing in the Next Generation initiative, the 2015 beneficiary of 100WHF's US philanthropic initiatives.

If you have no-show fees in arrears, the system cannot register you for an event. You can view and pay for any outstanding no-show fees online from your [Member Profile](#)

Space is limited. No walk-ins will be permitted.

Biography

Dr. Susan Bernstein, Career and Leadership Coach, SensationalShift.com

Dr. Susan Bernstein is a career and leadership coach who supports high achievers who are also emotionally sensitive, to transform that sensitivity into a powerful persuasive, connective force for contributing their best at work.

Susan understands the demands of fast-paced, high-intensity workplaces. She held demanding executive development and management consulting roles at companies including Franklin-Covey, Intel, and Accenture. She infuses deep psychological insights into the coaching she does with individuals and groups. She shares energizing, empowering tools for excellence with her clients, derived from her PhD level training in the cutting-edge perspectives of Somatic Psychology, also known as mind/body psychology. She also draws on expertise in neuroscience, neurobiology, mindfulness, movement practices, and Kundalini yoga. She blends her talents to help clients move past the internal and external roadblocks that hold them back and create the momentum they seek for making positive change.

Susan earned her MBA at UC Berkeley's Haas School of Business and both an MA and a PhD in Somatic Psychology at the Chicago School for Professional Psychology's Santa Barbara campus.



About Winston & Strawn LLP

Winston & Strawn represents a broad range of clients in the investment management area. We represent mutual funds, offshore and domestic investment advisers, hedge fund managers, private equity funds, real estate funds, benefit plans, broker-dealers, depository institutions, and other industry participants in a variety of strategic, regulatory, compliance and enforcement matters. The members of our Investment Funds & Investment Management team have extensive experience structuring, forming and maintaining investment advisers and investment funds, consummating complex and innovative transactions, and providing tax and regulatory advice to investment management industry participants. Winston's interdisciplinary team approach to client service draws on expertise from the firm's tax, ERISA, business transactions, derivatives, financial services, structured finance, employment, bank finance, real estate, estate planning and litigation groups, all of whom have substantial expertise in the issues facing investment funds and investment managers.



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