



**100 women in  
hedge funds®**

### **A Night of Zen: At Exhale Spa Battery Wharf**

September 7, 2011 at 6 PM  
Boston MA

Join us for A Night of Zen with exhale Battery Wharf at the acclaimed Fairmont Battery Wharf Hotel!

100WHF and exhale Battery Wharf have partnered on an incredible philanthropic event that will feature spa and wellness activities throughout the evening. Spa therapies will begin at registration and include mini-massages, manicures, and group acupuncture for the entire evening! Guests will also have the option to register for sunset yoga outside on the waterfront or a Core Fusion® class. The evening will conclude with more spa therapies, mocktails, and hors d'oeuvres. Each guest will also receive a gift bag with organic beauty products and exclusive exhale discounts. Through the \$40 ticket price all proceeds will support 100WHF's 2011 Beneficiary, Clinton Global Initiative's U.S. Childhood Obesity Prevention Program.

We would like to especially thank exhale spa Battery Wharf for its generosity. We look forward to seeing you for A Night of Zen!

#### **Event Agenda:**

5:30-6:00 PM: Event Registration and mini-spa therapies

6:00-7:30 PM: Choice of sunset yoga outside on the waterfront or Core Fusion® classes

6:00-9:30 PM: Mini spa therapies, cocktails, hors d'oeuvres, and exclusive exhale discounts throughout the evening!

#### **Event Details**

**Date:** September 7th, 2011

**Time:** 5:30 PM Registration.

**Host:** exhale Battery Wharf

**Location:** 2 Battery Wharf, **Boston**, MA 02109

**Directions:** exhale spa Battery Wharf is located on the North End's Waterfront and is a 5-7 minute walk on Atlantic Avenue from popular destinations such as Tia's and landmarks such as Faneuil Hall.

**RSVP:** [https://www.paypal.com/cgi-bin/webscr?cmd=\\_s-xclick&hosted\\_button\\_id=3Y66HC4R8G78Q](https://www.paypal.com/cgi-bin/webscr?cmd=_s-xclick&hosted_button_id=3Y66HC4R8G78Q)

This event is NOT FOR ATTRIBUTION.

Space is limited. No walk-ins will be permitted.

#### **About Exhale Battery Wharf**

Exhale is a new breed of spa - merging the paths of mind and body wellbeing and fulfilling the need for an experience

that improves and transforms lives in one environment. The core of exhale is a unique and talented team of individuals with a genuine passion for helping people bridge the mind and body to improve overall wellbeing. With plans to grow their wellbeing paradigm to 20 spas over the next few years, exhale currently operates spa and studios in carefully selected upscale locations in California, Florida, Georgia, Illinois, Massachusetts, New York, Texas, Turks + Caicos, and has several additional spas in development. Exhale has received numerous awards and acclamations for its innovative spa, health, and wellness services and programs.

exhale Core Fusion®: Experience a transformational Core Fusion® toning class, based on Lotte Berk Method fundamentals, Pilates, and 50 years of combined fitness expertise, to achieve a strong, athletic, flexible, and youthful body. Core Fusion® classes include a cardio element and are fueled by upbeat and inspirational music rhythms.

exhale Yoga: exhale's yoga classes are ritual journeys that respond to the changing needs of urban life by infusing the highest quality of teaching with a revolutionary approach to yoga. For this amazing transformational practice exhale has created an amazing experience and space. Exhale as you discover your sacred space for this ancient healing practice.

#### **About 100 Women in Hedge Funds ([www.100womeninhedgefunds.org](http://www.100womeninhedgefunds.org))**

100 Women in Hedge Funds is a global, practitioner-driven non-profit organization serving over 10,000 alternative investment management investors and professionals through educational, professional leverage and philanthropic initiatives. Formed in 2001, 100 Women in Hedge Funds has hosted more than 250 events globally, connected more than 250 senior women through Peer Advisory Groups and raised close to \$20 million for philanthropic causes in the areas of women's and family health, education and mentoring. For more information about 100 Women in Hedge Funds, please visit [www.100womeninhedgefunds.org](http://www.100womeninhedgefunds.org).

#### **Give Back**

100 Women in Hedge Funds provides a 'Give Back' program that enables members to match their resources (time, access, financial) to projects that will help us expand our successful initiatives. Visit [http://www.100womeninhedgefunds.org/pages/give\\_back.php](http://www.100womeninhedgefunds.org/pages/give_back.php) today and tell us how you can help.

#### **100WHF *Connect!***

Get *Connected* today! Visit [http://www.100womeninhedgefunds.org/pages/membership\\_connect.php](http://www.100womeninhedgefunds.org/pages/membership_connect.php) for details and to sign up.

#### **100WHF Access Fee**

Have you paid your access fee? If not please go to [https://www.100womeninhedgefunds.org/pages/member\\_payment.php](https://www.100womeninhedgefunds.org/pages/member_payment.php). We appreciate your continued support!